ACCESS SAK RIDGE

Creating Community for All Abilities

A community where everyone can live, work, and play to their full potential

Information • Demonstrations • Speakers
Art • Music • Food • Games • Prizes









Presented by







VENDORS IN GYM

DISABILITY SPECIFIC

- Mental Health Association of East TN
- · Ridgeview Behavioral Health
- · ASAP Anderson County
- · Keystone Day Program
- · ARC of Anderson County
- Department of Developmental and Intellectual Disabilities
- · National Alliance of Mental Illness
- · Emory Valley Center
- · Knoxville Center for the Deaf
- McNabb Center
- TN Employment and Community First Choices
- PJ Parkinson's

COMMUNITY

- · United Way
- ADFAC
- · Oak Ridge Housing Authority
- Disability Rights TN
- · ETHRA Transit/ Oak Ridge Transit
- Hannah Tippett Law
 Legal Aid Society of Middle TN and the Cumberlands
- Roane State Community College
- Girl Scouts (HALLWAY across from game room)
- YWCA Knoxville

HEALTH AND AGING

- · Anderson County Health Department
- Free Medical Clinic of Oak Ridge
- CNS Cares
- · Contact Care Line
- Anderson County Senior Center/
- Office of Aging
- ETHRA Area Agency on Aging and Disability

ENABLING AND THERAPUTIC

- Hanger Orthotics/Prosthetics
- Methodist Therapy Center
- · Mobility Matters
- · Smoky Mountain Service Dogs

RECREATION

- · Koinoia Foundation
- Shangri-La Therapy Academy of Riding
- · Premier Athletics
- AYSO EPIC

EMPLOYMENT

- Vocational Rehabilitation/Pre-Employment Transition Services
- Goodwill Industries
- WorkAble TN

LOCAL GOVERNMENT

- · City of OR EMS/Fire
- Disability and Senior Advisory
 Boards/Low Vision Resource Grp
- City of Oak Ridge/City of OR Parks
 and Rec

Беус

Beyond the agencies and organizations donating their time to be here, we could not put on Access Oak Ridge without the army of Volunteers that you see in their bright-colored shirts. The Planning Committee would like to thank all those who have generously donated of their time, talent and treasure (in kind and monetary) to bring this unique and important event to our area. Let them know how much you appreciate them.

Marian Wildgruber

Chair, Access Oak Ridge: Creating Community for All Abilities

ABOUT OUR VOLUNTEERS:

RESOURCE CHAMPIONS







(in loving memory of Rev. Lee and Frances Cate by their daughter Leanna Cate)

ACTIVITY ADVOCATE







FAIR DONORS















CHURCHES PROVIDING LUNCH

First United Methodist Church • Grace Lutheran • High Places Community Church Latter Day Saint • Oak Valley Baptist • St Mary's Catholic Church • St Stephen's Episcopal Unitarian Universalist Church (special thanks to Jinx Watson) • Kern United Methodist Oak Ridge Baptist • Spurgeon Chapel AME Zion

VOLUNTEER ORGANIZATIONS

Breakfast Rotary • Oak Ridge Dance Cats • Lunch Rotary Delta Gamma Sorority • Youth Advisory Board

SENIOR CENTER ACTIVITIES

OUTSIDE ACTIVITIES

CIVIC CENTER ACTIVITIES

LUNCH AND LEARN IN THE SENIOR CENTER

Grab a brown bag lunch from the food tent or a bag of popcorn and come learn while you eat.

ASL Interpreters graciously provided by the Knoxville Center of the Deaf.

ROOM A SPEAKERS

11:30-12:00 Disability Etiquette, Katherine Moore and Mike Scripa, disAbility Resource Center: Learn respectful and appropriate ways of interacting with people with disabilities.

12:15-1:15 Q/A "ASK US" Panel (Joel Simmons, Nancy Feist, Mary Carver): Come ask all those curious questions that you thought you couldn't ask of persons who are paralyzed, blind, or deaf.

1:30-2:15 Aging in Place, Judy Gooch: Learn from an Interior Designer how home modifications can maximize the potential for aging in the home.

2:30-3:00 Travel with a Disability, Marian Wildgruber: Learn from Marian's world-wide travels as a person with low-vision.

ROOM D SPEAKERS

11:30-12:00 NAMI, Kathy Martin and Rhonda Sternfels: Learn about the National Association of Mental Illness and hear a mother's story of caring for her son with schizophrenia.

12:15-12:45 Social Security Disability, Lawyer Hannah Tippett: An overview of SSI and SSDI.

1:00-1:30 Guide Dogs for the Blind, Atlanta, Charles Nathan: Learn how guide dogs are raised, trained, and matched with blind and visually- impaired partners.

1:45-2:15 Knoxville Center of the Deaf, Executive Director, Christina Vorreyer- Davis: Deafness is an Invisible Disability affecting approximately 100,000 Tennesseans. How do we create inclusive community in Tennessee?

2:30-3:00 Hanger Clinic, Jennifer Cole, Amputee: Let's become more knowledgeable and less fearful about amputation.

ROOM B AGING IN PLACE/INDEPENDENT LIVING

A host of vendors and information for home modifications; creative living arrangements; Occupational Therapist from MMC demonstrating apparatus to assist with activities of daily living; technology resources for hearing and low-vision: Signal Centers and Oak Ridge Low Vision Resource Group; Habitat for Humanity "Aging in Place" program; Knoxville Aging in Place agency.

ROOM F LOOPING VIDEO OF PASTOR BOBBY MCCOY

Oak Ridge Baptist Church, telling his story about quadriplegia following a car accident in his young twenties.

MUSIC TENT

11:00-11:30 Golden Eagles

11:45-12:15 Mt Zion Baptist Church Choir

12:30-1:00 Oak Ridge Jazz Jam

1:15-1:45 The Recollections

2:00 Elza Gate (Pat Parr and Bob Cushman)

FOOD TENT

Brown Bag Café: Lunch starts at 11 am and goes until the food runs out. Choose from an array of sandwiches provided by the Oak Ridge Faith Community, snacks and drinks by Second Harvest Food Bank and 500 brownies by the Oak Ridge UU Church. Enjoy your lunch while listening to music **or while listening to one of our speakers inside the Senior Center.**

OTHER OUTSIDE

- Create a community interactive weaving: to be displayed in the library during
 October. Each person will weave a strand that represents the colors in the disability
 pride flag. Nondisabled folks will have a color, too! Led by the Tuesday Weavers of
 the Appalachian Arts Center
- Create a "Disability Reimagined" Banner: write or draw your ideas on a blank canvas
 of how the world could be better for people with disabilities.
- Children's Games
- Super Abled Photo Booth (take selfies showing off your super abilities)
- Fair Sponsor Superior Van and Mobility displaying an accessible van.



GYMNASIUM

- 40 Vendors
- Recreation Activities: Catalyst Sports (adaptive outdoor sports); Dennis Clark, Marathon Hand cyclist; Innovative Recreation Cooperative (IRC), Al Kayes of Patricia Neal Rehab Center; Parkinson's Punching Bag by Black Dog Fitness (specializing in Parkinson's fitness)
- Demonstrations:

11:30 - 12:00 Sunshine Ambassadors Children Dance: Melanie O'Dowd

12:30-1:00 Smoky Mountain Service Dogs, Laurie Birch

1:00-1:30 UT Wheelchair Basketball, Dr. Jason Scott, UT

1:45-2:00 Premier Athletics Cheerleaders

2:00-2:30 Premier Martial Arts

HALLWAY OUTSIDE OF GYM

- Art Exhibit created by Oak Ridge school children led by Jim Dodson: "Recognizing
 and Lifting Up Those with Disabilities" (Note: Exhibit will be on display after the
 event at the Oak Ridge Public Library through the month of October.)
- Derrick Freeman, an artist with autism and founder of 501c3 "Our Place Art"

SOCIAL ROOM (across the hallway from the gym)

 Disability Obstacle Course by disAbility Resource Center: Experience a bit of what it is like to be a wheelchair-user, blind or deaf.

HELPFUL INFORMATION

RESTROOMS: Handicapped- Accessible Restrooms (1 for each gender) are in the Senior Center main hallway. (Each Senior Center restroom has 4 additional non-accessible stalls.) Additional non-accessible restrooms entered through the Civic Center Gym. (There are also two portable restrooms outside near the Civic Center, one of which is handicapped accessible.)

RAIN PLAN: All outside activities (with the exceptions of music and the Superior Van) will be moved indoors with location changes noted on signs at the Welcome Tables in the Gym and Senior Center fair entrances.

PARKING: At the Senior Center is preferred for people with mobility difficulties. Those who are able are requested to park in the lot on the library-side of the Civic Center. Overflow parking is suggested directly across the Turnpike at the Oak Ridge High School parking lot. Vendors are asked to park at the Municipal Building.

FOOD AND DRINK: Everybody (guests, vendors, volunteers, entertainers) is invited to free food and beverages at the food tent.

PLENTY OF VOLUNTEERS WILL BE ON-SITE TO HELP GUESTS FIND THEIR WAY. ALL ENTRANCES WILL BE CLEARLY DESIGNATED WITH BRIGHT DECORATIONS. WE WANT EVERYBODY TO HAVE THE BEST EXPERIENCE POSSIBLE.